

A system for managing a plurality of local lists of a single user includes a compact user-carried smart card including a microprocessor and a memory storing a master list. The plurality of local lists is located at a plurality of remote appliances. Each appliance holds a corresponding local list and includes a card reader. The master list is configured for synchronizing with each local list. The microprocessor is programmed to synchronize the master list with the local list on a remote appliance when the smart card is engaged with the remote appliance card reader. Synchronization allows the user to carry the smart card with the master list stored in the smart card memory to various remote appliances and synchronize the master list with the various local lists of the appliances.